

THE BEST WAY TO GET **PEACE OF MIND**

What is Colon Cancer Screening?

A colonoscopy is performed to screen for • colorectal cancer. During this process, a small flexible tube with a camera at the tip is inserted into the rectum to detect abnormalities in the large intestine and rectum. Patients are sedated for this procedure.

What Are the Symptoms of Colon Cancer?

- The most common symptom is a change • in bowel habits, such as diarrhea, constipation or blood in the stool.
- Other symptoms include cramping or pain in the lower abdominal (stomach) area, constant tiredness or lack of energy.
- Early colon cancer has no symptoms, so regular screening is vital for early detection.

MISSION

A world free of cancer

VISION

To lead in transformative cancer care, research and education through courage, commitment and compassion

CONTACT US TODAY TO DETERMINE IF YOU'RE ELIGIBLE FOR A SCREENING.

Karmanos Colon Cancer Screening Program Contact:

TOLL FREE NUMBER: 1-800-KARMANOS (800-527-6266)

> WEBSITE: karmanos.org/colonscreening

EMAIL: screening@karmanos.org

REFERRING PHYSICIAN ORDERS: Fax: (313) 576-9827

TWO LOCATIONS, EASILY ACCESSIBLE

Karmanos Cancer Institute at Weisberg Cancer Center 31995 Northwestern Hwy Farmington Hills, MI 48334

Barbara Ann Karmanos Cancer Institute 4100 John R Street Detroit, MI 48201



CANCER INSTITUTE Wayne State University

YOUR BEST CHANCE. 1-800-KARMANOS | KARMANOS.ORG



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COLON CANCER **SCREENING PROGRAM**

DETECT COLON CANCER EARLY WITH A COLONOSCOPY

> YOUR BEST CHANCE. 1-800-KARMANOS



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CANCER INSTITUTE



KARMANOS COLON CANCER SCREENING

Colon Cancer Facts

- Colon cancer is a type of colorectal cancer that develops in the colon. The second type of colorectal cancer develops in the rectum.
- Colorectal cancer is the third most common cancer in the U.S.
- Men have a 1 in 23 chance of developing colon cancer. A woman's risk is 1 in 26.
- Incidence rates of colorectal cancer diagnoses has decreased since the mid-1980s. This trend is due to more awareness, education, screening and lifestyle changes. However, the rates of adults younger than 50 who are diagnosed with colorectal cancer have been increasing.

Why Should I Consider Colon Cancer Screening?

- As is true for all cancers, colon cancer is the most curable in its early stages. Colon cancer usually begins as a non-cancerous polyp or growth, which can often be found and removed before it turns into cancer.
- Early-stage colon cancer usually does not have any symptoms making screening an important step in protecting your health. A screening consultation with one of our specialists can give you peace of mind.
- When you schedule a colonoscopy with a Karmanos provider, you can take comfort in knowing that you have a team of experts by your side to ensure that your test is completed comfortably and results are easy to understand.
- Early detection is one of the most powerful weapons in the fight against cancer.

Should I be screened for cancer?

Who Should be Screened?

A Karmanos specialist will determine what testing is right for you based on your health history, age and habits.

People should consider screening if they are an adult who:

- Is age 45 or older and continue every 10 years if the results are normal.
- Have a family history of colorectal cancer or other genetic factors, such as Lynch Syndrome.
- Have a personal history of colorectal cancer or polyps.
- Have Inflammatory Bowel Disease (IBD), also known as Crohn's disease or Ulcerative Colitis.



Are Colonsocopies Covered by My Insurance?

- Medicare, Medicaid and many private insurance companies now cover the cost of colorectal cancer screening. Check with your health insurance plan to determine if colonoscopies are a covered benefit for you.
- If an abnormality is found, future scans and further workup should be covered by your health care insurance.

HOW CAN I GET SCREENED?

Call 1-800-KARMANOS, visit karmanos.org/colonscreening or email screening@karmanos.org